Lark West

Indianapolis, IN | 847-703-0377 [lark@larkwest.com](mailto:lark@larkwest.com) | [linkedin.com/in/larkwest/](https://www.linkedin.com/in/larkwest/)

Wise and positive professional is passionate about serving in vital community resource -   
non-profit, municipality, education, health department;   
or in realm of Government - detention center, counseling, probation, prevention, court services

* High energy, appropriately proactive, problem-solving, creative, flexible and caring
* Superb communication, organizational, time management and research skills
* Interacts well - government officials, families, inmates, donors, volunteers, coworkers, most anyone
* Competency and high degree of emotional intelligence; motivated and engaging team member/leader
* Extensive experience with diversity, addiction and mental health treatment plans
* Skilled in providing social services and counseling to male and female inmates, rape survivors, students
* Experienced and educated in Social Behavioral Science, Psychology and Education
* Appreciator of technology, go-to person in each work environment; Mac and PC; if unfamiliar, learn quickly

**EXPERIENCE**

**Life & Recovery Coach** @ **Your Way Up Indianapolis | Worldwide** [YourWayUp.com](http://www.yourwayup.com) **2008-present**

With compassion and power, unique blend of Co-Active Coaching and Cognitive Behavioral Therapy (CBT) techniques are used to assist people in reaching their full potential. Addiction freedom, as well. Business owner, core values are love and service.

**Consulting Projects 2002-present**

**Webmaster**  i.e., [YourWayUp.com](http://www.yourwayup.com) | [EWestHomes.com](http://www.ewesthomes.com) | [MyWellnessChicago.com](http://www.mywellnesschicago.com) | [LarkWest.com](http://www.larkwest.com) | [WildWestWay.org](http://www.wildwestway.org)

**eBay Powerseller** offered unique products to niche market; liquidated client’s antique business

**Psychologist in Training @ North Lawndale Charter Network, Chicago Public Schools (CPS), Chicago 2009-2014  
 Algonquin Middle School, Des Plaines & Academy South, Streamwood**

**Special Event Coordinator/Marketing/Development** @ **Zacharias Sexual Abuse Center (ZCenter), Gurnee**   **2005-2011**

* Produced remarkable charitable events; recruited, trained, supported and directed volunteers and staff
* Significantly and resourcefully grew community connections and funding revenue during tenure
* More than doubled net from special events alone ($128,000 in 2005 to $339,000 in 2010)
* Provided crisis counseling for rape survivors; broad and focused awareness - including gender, age, and cultural issues
* Increased consciousness and funding doing community outreach; built and maintained relationships
* Spearheaded social marketing; took Center from paper to digital

**Manager of Web & Publications** @ **Technology Executives Club, Lake Forest**   **2000-2003**

* Created, developed and maintained elaborate web site for technological networking and education business
* Designed and implemented e-newsletter for opt-in readership of over 4,000
* Produced all printed materials

**Administrative Assistant & Office Manager for Parks & Recreation** @ **Village of Libertyville, Libertyville 1989-2000**

* Interviewed, hired, trained, supported and supervised competent clerical staff
* Oversaw production of correspondence, reports, financial documents; coordinated schedules and gave performance reviews
* Exercised mature judgment, initiated and implemented effective procedures, increased productivity, saved money, enhanced public relations and ensured quality services
* Valuable charter member of Village Technology Committee; took registration process from paper to database
* Independently took outsourced Parks & Recreation brochure production to in-house. Performed graphic design, bidding, and oversaw production; spent less and gained greater control in producing a finer product.

**Leader & Activist** @ **Lake County, IL 1994-present**

* Counsel Lake and Marion County Jail inmates in realms of cognition, behavior, addiction and accountability
* Was passionate member of 19th Judicial Circuit (Lake County, IL) Therapeutic Intensive Monitoring (TIM) Drug Court
* Created and organized retreats, individually - overseeing committees and the entire process

**ASSOCIATION MEMBERSHIPS**

National Association of Drug Court Professionals (NADCP)

International Coaches Federation (ICF)

**EDUCATION**

**The Chicago School of Professional Psychology** Psychology and Education: **2009-2014**

GPA: 3.8/4.0 (completed 60 graduate hours) Equivalent to Masters degree in each

**DePaul University** Bachelor of Arts: **2006**

GPA: 4.0/4.0 Social Behavioral Science

**Coaches Training Institute**; **Fowler Wainwright International** Certified Professional Life Coach: **2004-2007**  
**Substitute Teaching License - Illinois State Board of Education Current**

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Thank You

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